

## Genesis 4:17

***And Cain knew his wife, and she conceived and bore Enoch. And he built a city, and called the name of the city after the name of his son--Enoch.***

When people read the book of Genesis, or they go through the verse-by-verse study I did here on Genesis, a few of the most common questions are.

*“Did Adam have a bellybutton?”*

*“Who was Cain’s wife?”*

*“Where there really dinosaurs?”*

Sometime you may be sharing with people and they will have these same questions: *“Did Adam have a belly button? Who was Cain’s wife? Where there really dinosaurs?”*

And all I can think at times like those are; really, you are confronted with eternity and your decision is based upon if Adam had a belly button or not, or who Cain’s wife was, or if there were really dinosaurs?

Yet these are things that the enemy uses to distract us from the important things, and he uses other things to distract us from the important things just as well.

Like, say you are driving in your car and want to listen to some great worship music. So you turn on the radio and as you do, one of your favorite songs from when you were back in high school comes on, so you listen to that instead, and when the song is over you are lulled into keeping it on that station, and the worship doesn’t happen.

Or how many times have you wanted to pick up your bible and read it, and as soon as you are about to go do it, something comes up?

Or maybe it’s that mid-week bible study that you want to go to, but it seems something comes up so many times, so you miss bible study more times than you actually go.

Here is a simple one-sentence answer from the bible on how to avoid these distractions.

† ***Set your mind on things above, not on things on the earth. Colossians 3:2***

Sound too simple? Well sometimes the answer is simple. Yet another distraction from the enemy is that it’s just too simple, and that you need to try a five-step program instead.

That’s one reason some don’t come to Jesus, because it sounds too simple. Yet the Lord made it simple on purpose just like Paul said, ***For Christ did not send me to baptize, but to preach the gospel, not with wisdom of words, lest the cross of Christ should be made of no effect. 1 Corinthians 1:17***

And the reason the Lord made it simple is because, ***The Lord is not slack concerning His promise, as some count slackness, but is longsuffering toward us, not willing that any should perish but that all should come to repentance. 2 Peter 3:9*** (underlined for

emphasis)

So today, watch those distractions start to fade away as you *Set your mind on things above, not on things on the earth.*

† **1 Corinthians 7:35 (MSG)** *I'm trying to be helpful and make it as easy as possible for you, not make things harder. All I want is for you to be able to develop a way of life in which you can spend plenty of time together with the Master without a lot of distractions.*